

What is Five Wishes?

- Five Wishes is an easy-to-use tool that helps you create a common sense and easy-to-understand plan for living with serious illness.
- Five Wishes focuses on your wishes regarding medical treatment options in situations where you are no longer able to speak for yourself.
- Five Wishes is changing the way America talks about and plans for care at the end of life.

The Five Questions

- Who you want to make health care decisions for you if you can't make them?
- What kind of medical treatment do you want?
- How comfortable do you want to be?
- How do you want people to treat you?
- What do you want your loved ones to know?

How to Get Started

- If you would like a copy of Five Wishes, or need help filling out your plan, please contact a Baptist Five Wishes planner at 901-415-3464.
- Talk to your family about your choices.
- After you complete your document, make copies for your family members and health care team.
- Put your Five Wishes document in a clear bag and put it in your freezer so it can be easily located.

